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Village Defibrillators (AED) Clymping Village Hall, Clymping Caravan Park and Waterford Gardens.

Clymping Parish Council, in conjunction with Clymping Village Hall, Clymping Caravan Park and Waterford Gardens has completed a project to install external Defibrillators (AED) at three locations within the village.

The locations are:

Village Hall on front of the building

Clymping Village Hall and Playing Field, Clymping Village Hall, Bridge Road, Clymping, West Sussex. BN17 5SN

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Clymping Caravan Park at side of office at the entrance to the park Clymping Park office, Clymping Park, Bognor Road, Clymping, West Sussex, BN17 5DW What 3 words reference: //later.page.nods

Waterford Gardens Opposite 1 The Hamlet Waterford Gardens, Clymping, West Sussex, BN17 5RY What 3 words reference: //edits.cloud.thigh

Sudden cardiac arrest occurs when an electrical malfunction of the heart causes it to suddenly stop beating properly, resulting in lack or no blood flow to the victim's brain, lungs, and other organs. The signs of sudden cardiac arrest can include:

- Heart palpitations
- Sudden collapse
- No pulse
- No breathing
- Loss of consciousness

An automated external defibrillator (AED) and high-quality CPR can dramatically improve the chances of survival from sudden cardiac arrest. Unfortunately, many victims who need CPR and an AED do not receive early defibrillation, which can mean the difference between life and death.

All three are Fully Automatic Defibrillators and simple to operate. If a person suffers or is believed to have suffered a cardiac arrest the first line of action should be to call 999. The

operator may ask you to administer CPR (cardiopulmonary resuscitation) even if access to an AED is available. The caller will be guided through the steps for administering CPR. The operator will also alert the emergency services to attend. You should not go to collect the AED if this means leaving the person on their own.

Once the power is on, the machine analyses the heart and is ready to deliver a shock. It also has ResQNavi technology built in which can detect the CPR proficiency level of the rescuer, and provide tailored guidance based on their skill level. For example, if it detects that you are slower and therefore more likely to be an untrained user, it will provide more detailed instructions to guide you through the rescue process. It is also dual functioning, meaning the device can be used on both adults and children.

St Johns also have a fantastic video which expands on the CPR element. https://www.sja.org.uk/get-advice/first-aid-advice/how-to/how-to-use-a-defibrillator/



AED at Waterford Gardens

Clymping Parish Council would like to thank Clymping Village Hall, Clymping Caravan Park (Rickwood Estates) and Waterford Gardens for their support and contribution with this worthwhile Project.